



Text the school  
health service  
**07507 330 205**

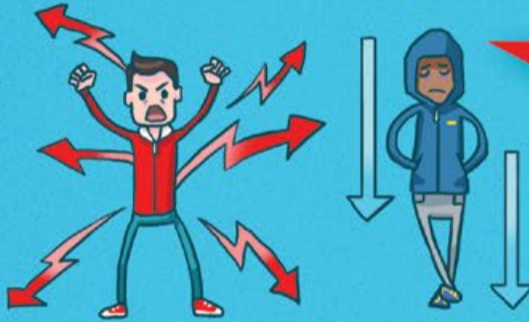
We can help young people with all kinds of things like:



Problems with  
friends or family



Puberty



Emotional Health



Self-harm



Drugs, alcohol  
and smoking



Relationships

Text us for confidential advice and support



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Sexual Health  
and contraception

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